



WIN and the MOKA Foundation  
are Co-Sponsoring a  
Life Goal Planning  
Presentation



## What is Life Goal Planning?

Life Goal Planning is an empowerment tool for persons with disabilities which will enable them to organize and plan for their lives. Each participant will receive training on the use of the Life Goal Planning notebook which contains steps and a dynamic plan which adapts to each individual's goals. One free notebook will be given to each consumer or family who registers and attends the session.

### Sessions:

#### *Muskegon County*

**Date:**

Wednesday, July 12, 2006

**Location:**

MOKA Foundation Office  
3391 Merriam St, Suite 201  
Muskegon, MI 49444

**Time:**

7:00 PM to 9:00 PM

#### *Kent County*

**Date:**

Thursday, July 13, 2006

**Location:**

GVSU Eberhard Center  
301 W. Fulton St.  
Grand Rapids, MI 49504

**Time:**

7:00 PM to 9:00 PM



### Future Sessions:

Ottawa County: September 13<sup>th</sup>

Allegan County: September 14<sup>th</sup>

For more information or to register, please call Gail Gromaski at the MOKA Foundation Office at (231) 830-9376, ext. 31, or toll free at 1-800-644-2434, ext. 31.